

Simply Start

A guide to starting **LOKELMA**

APPROVED USE

LOKELMA is a prescription medication for the treatment of high levels of potassium in the blood (hyperkalemia) in adults.

IMPORTANT SAFETY INFORMATION FOR LOKELMA

What should I tell my doctor before taking LOKELMA?

Before taking LOKELMA, tell your doctor about all your medical conditions, including

- problems having a bowel movement, including severe constipation, a blockage (obstruction) in your bowel, or dry hard stool that will not pass out of your rectum (impaction).
- problems with your bowels after surgery.

Please read Important Safety Information on page 9, along with the full Prescribing Information for LOKELMA.

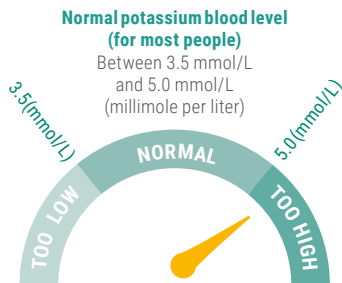


LOKELMA[®]

(sodium zirconium cyclosilicate)

5g | 10g for oral suspension

What is hyperkalemia?



Hyperkalemia is a condition where potassium levels in your blood are higher than normal.

Causes of hyperkalemia

Hyperkalemia is often caused by other health conditions such as:



Kidney problems



Diabetes



High blood pressure



Heart failure

It can also be caused by certain medications.

Left untreated, hyperkalemia can result in serious health issues including weakness, nausea, potentially fatal irregular heartbeats, heart attack, and paralysis.

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About LOKELMA

Your healthcare provider has chosen to start or switch you to LOKELMA. LOKELMA is a prescription medicine for adults with hyperkalemia.



LOKELMA helps bring levels of potassium back down to normal.

With continued treatment, LOKELMA helps keep potassium levels down.

For some people, hyperkalemia is an ongoing condition that will need to be managed over time. It is important to keep taking LOKELMA as prescribed by your healthcare provider.

How does LOKELMA work?

LOKELMA is not absorbed in the body. It travels through the GI tract, binding to excess potassium in exchange for hydrogen and sodium in the intestines and pulling potassium out of the body.



IMPORTANT SAFETY INFORMATION FOR LOKELMA (Cont'd)

What is the most important thing I should know about LOKELMA?

LOKELMA can cause swelling (edema) caused by fluid retention in your body (such as hands, ankles, feet).

- LOKELMA contains 400 mg of sodium in each 5 g dose. Watch for signs of swelling in your body especially if you limit sodium in your diet or are likely to have fluid retention in your body due to heart or kidney problems. Your doctor may tell you to reduce the sodium in your diet.
- If you are not on dialysis, your doctor may also tell you to increase the dose of your diuretic.

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Getting started: LOKELMA dosing for people not on dialysis

LOKELMA is a white powder that is available in 10 g packets.

There will be initial treatment and maintenance treatment doses for LOKELMA. It is important to take LOKELMA exactly as your healthcare provider prescribed it.

Initial

For the first 48 hours
you'll take one 10 g packet



3 times a day

Maintenance

After that
you'll take one 10 g packet



once a day

Your healthcare provider should monitor your potassium levels during all phases of treatment and may adjust your dose.



If you are taking other medications, you may need to take them 2 hours before or after taking LOKELMA. Tell your healthcare provider about all of your medications.

LOKELMA can be taken with or without food.




People in the LOKELMA studies who were not on dialysis did not have to be on a low-potassium diet.

Talk to your healthcare provider to find out if you need to make any changes to your diet.

How to take LOKELMA

LOKELMA is tasteless and odorless.

There are 3 steps to taking LOKELMA.

-  1 Fill the dosing cup with at least 3 tablespoons of water
-  2 Empty the entire contents of the LOKELMA packet(s) into the cup
-  3 Stir well and drink immediately. If there is powder left, add more water, stir, and drink again

Rinse the dosing cup after use.

IMPORTANT SAFETY INFORMATION FOR LOKELMA (Cont'd)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements. LOKELMA may affect how some oral medicines work. Ask your doctor or pharmacist if you need to take LOKELMA 2 hours before or after other oral medicines.

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LOKELMA for people on hemodialysis



Among other things, hemodialysis treatments help to regulate potassium in the blood

However, during the time between hemodialysis treatments potassium levels may rise to a dangerous level



A daily dose of LOKELMA on non-dialysis days helps maintain potassium within desirable levels with continued treatment



LOKELMA helps you keep hyperkalemia under control in between hemodialysis treatments

Getting started: LOKELMA dosing for people on hemodialysis

LOKELMA is a white powder that is also available in 5 g.

LOKELMA is dosed once daily on non-dialysis days. It is important to take LOKELMA exactly as your healthcare provider prescribed it.



Take one 5 g packet once a day on NON-DIALYSIS DAYS

Your healthcare provider will monitor your potassium levels and may adjust your dose. Work with your healthcare provider to find the dose that works for you.

IMPORTANT SAFETY INFORMATION FOR LOKELMA (Cont'd)

If you are a hemodialysis patient:

- Do not take LOKELMA on dialysis days.
- Tell your doctor if you suddenly feel sick such as decreased oral intake of food or fluids or diarrhea, as you may be at risk of developing low levels of potassium in your blood while on LOKELMA; therefore, your dose of LOKELMA may need to be adjusted.

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We're here to help with your treatment



The *My LOKELMA Support Program* can offer assistance if you are starting or already taking LOKELMA including:



Support services to help you understand how your prescription is covered by your insurance



A referral for financial assistance, if necessary



Educational information

Enrolling is easy

Ask your healthcare provider to help you enroll, or call 1-866-494-8080 Monday-Friday, 8 AM to 8 PM EST, to get started.

Please read Important Safety Information on page 9, along with the full Prescribing Information for LOKELMA.

Important Safety Information

IMPORTANT SAFETY INFORMATION FOR LOKELMA® (sodium zirconium cyclosilicate)

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If you are a hemodialysis patient:

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- problems with your bowels after surgery.

Important Safety Information (Cont'd)

What are the most common side effects with LOKELMA?

The most common side effect of LOKELMA is swelling in your body caused by fluid retention. Tell your doctor if you have any side effects that bother you or do not go away.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements. LOKELMA may affect how some oral medicines work. Ask your doctor or pharmacist if you need to take LOKELMA 2 hours before or after other oral medicines.

Please see the full [Prescribing Information for LOKELMA](#).

Visit [lokelma.com](https://www.lokelma.com) for more information.

If you cannot afford your medication, AstraZeneca may be able to help. For more information, please visit [AstraZeneca-US.com](https://www.AstraZeneca-US.com).

Please read Important Safety Information on page 9, along with the full [Prescribing Information](#) for LOKELMA.

You may report side effects related to AstraZeneca products by clicking [here](#).



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